

Requests to those who received vaccination

After getting vaccinated, you may experience pain in the injected area, fatigue, headache, fever, and etc. Most of such symptoms will disappear within a few days after inoculation.

If necessary, please take a prescribed antipyretic medication (fever reducer), or commercial drug containing acetaminophen, ibuprofen, loxoprofen, etc. that suits you.

If the symptoms remain a few days even after taking medicine, please consult with your family doctor and explain you are experiencing side reactions after vaccination.

1. Many people experience pain or swelling in the injected area. These symptoms are immunoreaction to produce antibodies. You may experience having difficulty to raise your arm on the day after inoculation, but it will improve gradually.

2. Side reactions may include headaches, fatigue, fever and so on.

It is recommended to purchase an antipyretic or a pain relief medication available at a pharmacy in advance. For those who have an underlying illness and visit a hospital regularly, please consider consulting with your doctor to receive an antipyretic or a pain relief medication in advance.

Since the situations at hospitals in our prefecture have been very strained due to the recent outbreak of COVID-19 in Okinawa, please prepare necessary medication by yourself as much as possible. Please note that the Health Administration Center of the University does not prescribe antipyretic medications to be taken after inoculation.

3. If you experience any side effects such as fever or fatigue, rest in a bed. When any symptoms appear, you may take an antipyretic or a pain relief medication as early as possible (it is all right to take a medicine before you develop a fever). In most cases, experiencing fever and fatigue a few days after inoculation will gradually disappear by resting in a bed (or taking an antipyretic medication if necessary).

4. **Please refrain from going to an emergency room as much as possible** even if you experience a fever or fatigue **a few days after inoculation**.

● The number of people visiting emergency rooms because of the side effects of a vaccine has increased recently which have affected patients who need emergency care for illness or injury.

● If you are worried about side effects, please call the Call Center in Okinawa for Consultation regarding COVID-19 Vaccinations, which is administrated by the Prefectural Government [phone: 098-894-4856 (9:00 – 17:00, weekdays, holidays)], in order to prevent hospitalization surge after vaccination. You can ask for medical information.

● In case you are experiencing symptoms such as having difficulties in getting water or food even after taking medication, or shortness of breath, and etc., please seek medical care at a hospital with a family doctor or a clinic and explain that your symptoms have appeared after vaccination.